



BODY MEASUREMENT SPECS
MEN - NUMERIC SIZES

Measurement specs (Inches)																													
NUMERIC SIZE	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	40	42	44	46	48	50	52	54	56	58	60	
Europe (general)	38	40			42		44		46		48	50		52		54-56		58	60-62		64-66		68-70		72-74		76		
UK / US	28	30			32		34		36		38	40		42		44-46		48	50-52		54-56		58-60		62-64		66		
1 Total height	72	72	72	72	72	72	72	72	72	72	72	72	72	71 3/4	71 1/2	71 1/4	71	70 3/4	70 1/2	70 1/4	70	70	70	70	70	70	70	70	
22 Waist	22 1/2	23 1/2	24 1/2	25 1/2	26 1/2	27 1/2	28 1/2	29 1/2	30 1/2	31 1/2	31 1/2	32 1/2	33 1/2	34 1/2	35 3/4	37	38 1/4	39 1/2	41 5/8	43 3/4	45 7/8	48	50 1/8	52 1/4	54 3/8	56 1/2	58 5/8	60 3/4	62 7/8
23 High high hip @2" from waist	23 1/2	24 1/2	25 1/2	26 1/2	27 1/2	28 1/2	29 1/2	30 1/2	31 1/2	32 1/2	33 1/2	34 1/2	35 1/2	36 3/4	38	39 1/4	40 1/2	42 1/4	44	45 3/4	47 1/2	49 1/2	51 1/2	53 1/2	55 1/2	57 1/2	59 1/2	61 1/2	
24 High hip @4" from waist	24 3/8	25 1/2	26 5/8	27 3/4	28 7/8	30	31 1/8	32 1/8	33 1/8	34 1/8	35 1/8	36 1/8	37 1/8	38 1/8	39 1/8	40 1/8	41 1/8	42 3/4	44 3/8	46	47 5/8	49 1/2	51 3/8	53 1/4	55 1/8	57	58 7/8	60 3/4	
25 Low hip @ 8" from waist	26 1/2	27 3/4	29	30 1/4	31 1/2	32 3/4	34	35	36	37	38	39	40	40 3/4	41 1/2	42 1/4	43	44 1/2	46	47 1/2	49	50 5/8	52 1/4	53 7/8	55 1/2	57 1/8	58 3/4	60 3/8	
26 Thigh @ 1" from crotch	16 3/4	17 3/8	18	18 5/8	19 1/4	19 7/8	20 1/2	21 1/8	21 3/4	22 3/8	23	23 3/8	23 3/4	24 1/8	24 1/2	25	25 1/2	26	26 1/2	27	27 3/4	28 3/8	29	29 5/8	30 1/4	30 7/8	31 1/2	32 1/8	
27 Knee	11	11 3/8	11 3/4	12 1/8	12 1/2	12 7/8	13 1/4	13 5/8	14	14 3/8	14 3/4	15 1/8	15 1/2	15 7/8	16 1/4	16 5/8	17	17 3/8	17 3/4	18 1/8	18 1/2	19	19 1/2	20	20 1/2	21	21 1/2	22	
28 Calf	11 3/4	12 1/8	12 1/2	12 7/8	13 1/4	13 5/8	14	14 3/8	14 3/4	15 1/8	15 1/2	15 3/4	16	16 1/4	16 1/2	16 3/4	17	17 1/4	17 1/2	17 3/4	18	18 3/8	18 3/4	19 1/8	19 5/8	20 1/8	20 5/8	21 1/8	
29 Ankle	8 3/4	8 7/8	9	9 1/8	9 1/4	9 3/8	9 1/2	9 5/8	9 3/4	9 7/8	10	10 1/8	10 1/4	10 3/8	10 5/8	10 7/8	11 1/8	11 3/8	11 5/8	11 7/8	12	12 1/4	12 1/2	12 3/4	13	13 1/4	13 1/2	13 3/4	
30 Total Rise	26 3/8	26 3/4	27 1/8	27 1/2	27 7/8	28 1/4	28 5/8	28 7/8	29 1/8	29 3/8	29 5/8	29 7/8	30 1/8	30 3/8	30 5/8	30 7/8	31 1/8	31 1/2	31 7/8	32 1/4	32 3/4	33 5/8	34 1/2	35 3/8	36 1/4	37 1/8	38	38 7/8	
31 Inseam	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	31 3/4	31 1/2	31 1/4	31	30 3/4	30 1/2	30 1/4	30	29 3/4	29 1/2	29 1/4	

Grading values (Inches)																												
NUMERIC SIZE	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	40	42	44	46	48	50	52	54	56	58	60
1 Total height	0	0	0	0	0	0	0	0	0	0	0	0	0	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	0	0	0	0	0	0	0
22 Waist	-1	-1	-1	-1	-1	-1	-1	-1	-1	-1	-1	0	1	1	1 1/4	1 1/4	1 1/4	1 1/4	2 1/8	2 1/8	2 1/8	2 1/8	2 1/8	2 1/8	2 1/8	2 1/8	2 1/8	2 1/8
23 High high hip @2" from waist	-1	-1	-1	-1	-1	-1	-1	-1	-1	-1	0	1	1	1 1/4	1 1/4	1 1/4	1 1/4	1 3/4	1 3/4	1 3/4	1 3/4	2	2	2	2	2	2	2
24 High hip @4" from waist	-1 1/8	-1 1/8	-1 1/8	-1 1/8	-1 1/8	-1 1/8	-1	-1	-1	-1	-1	0	1	1	1	1	1	1 5/8	1 5/8	1 5/8	1 5/8	1 7/8	1 7/8	1 7/8	1 7/8	1 7/8	1 7/8	1 7/8
25 Low hip @ 8" from waist	-1 1/4	-1 1/4	-1 1/4	-1 1/4	-1 1/4	-1 1/4	-1	-1	-1	-1	-1	0	1	1	3/4	3/4	3/4	1 1/2	1 1/2	1 1/2	1 1/2	1 5/8	1 5/8	1 5/8	1 5/8	1 5/8	1 5/8	1 5/8
26 Thigh @ 1" from crotch	- 5/8	- 5/8	- 5/8	- 5/8	- 5/8	- 5/8	- 5/8	- 5/8	- 5/8	- 5/8	0	3/8	3/8	3/8	3/8	1/2	1/2	1/2	1/2	1/2	3/4	5/8	5/8	5/8	5/8	5/8	5/8	5/8
27 Knee	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	0	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8	1/2	1/2	1/2	1/2	1/2	1/2	1/2
28 Calf	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	0	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	3/8	3/8	3/8	1/2	1/2	1/2	1/2
29 Ankle	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	- 1/8	0	1/8	1/8	1/8	1/8	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4	1/4
30 Total Rise	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 3/8	- 1/4	- 1/4	- 1/4	- 1/4	0	1/4	1/4	1/4	1/4	1/4	1/4	3/8	3/8	3/8	1/2	7/8	7/8	7/8	7/8	7/8	7/8	7/8
31 Inseam	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4	- 1/4



BODY MEASUREMENT SPECS
MEN - NUMERIC SIZES

Measurement specs (Centimeters)																													
NUMERIC SIZE		22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	40	42	44	46	48	50	52	54	56	58	60
Europe (general)		38	40		42		44		46		48		50		52		54-56		58		60-62		64-66		68-70		72-74		76
UK / US		28	30		32		34		36		38		40		42		44-46		48		50-52		54-56		58-60		62-64		66
1	Total height	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.9	182.2	181.6	181.0	180.3	179.7	179.1	178.4	177.8	177.8	177.8	177.8	177.8	177.8	177.8	177.8
22	Waist	57.2	59.7	62.2	64.8	67.3	69.9	72.4	74.9	77.5	80.0	82.6	85.1	87.6	90.8	94.0	97.2	100.3	105.7	111.1	116.5	121.9	127.3	132.7	138.1	143.5	148.9	154.3	159.7
23	High high hip @2" from waist	59.7	62.2	64.8	67.3	69.9	72.4	74.9	77.5	80.0	82.6	85.1	87.6	90.2	93.3	96.5	99.7	102.9	107.3	111.8	116.2	120.7	125.7	130.8	135.9	141.0	146.1	151.1	156.2
24	High hip @4" from waist	61.9	64.8	67.6	70.5	73.3	76.2	79.1	81.6	84.1	86.7	89.2	91.8	94.3	96.8	99.4	101.9	104.5	108.6	112.7	116.8	121.0	125.7	130.5	135.3	140.0	144.8	149.5	154.3
25	Low hip @ 8" from waist	67.3	70.5	73.7	76.8	80.0	83.2	86.4	88.9	91.4	94.0	96.5	99.1	101.6	103.5	105.4	107.3	109.2	113.0	116.8	120.7	124.5	128.6	132.7	136.8	141.0	145.1	149.2	153.4
26	Thigh @ 1" from crotch	42.5	44.1	45.7	47.3	48.9	50.5	52.1	53.7	55.2	56.8	58.4	59.4	60.3	61.3	62.2	63.5	64.8	66.0	67.3	68.6	70.5	72.1	73.7	75.2	76.8	78.4	80.0	81.6
27	Knee	27.9	28.9	29.8	30.8	31.8	32.7	33.7	34.6	35.6	36.5	37.5	38.4	39.4	40.3	41.3	42.2	43.2	44.1	45.1	46.0	47.0	48.3	49.5	50.8	52.1	53.3	54.6	55.9
28	Calf	29.8	30.8	31.8	32.7	33.7	34.6	35.6	36.5	37.5	38.4	39.4	40.0	40.6	41.3	41.9	42.5	43.2	43.8	44.5	45.1	45.7	46.7	47.6	48.6	49.8	51.1	52.4	53.7
29	Ankle	22.2	22.5	22.9	23.2	23.5	23.8	24.1	24.4	24.8	25.1	25.4	25.7	26.0	26.4	27.0	27.6	28.3	28.9	29.5	30.2	30.5	31.1	31.8	32.4	33.0	33.7	34.3	34.9
30	Total Rise	67.0	67.9	68.9	69.9	70.8	71.8	72.7	73.3	74.0	74.6	75.2	75.9	76.5	77.2	77.8	78.4	79.1	80.0	81.0	81.9	83.2	85.4	87.6	89.9	92.1	94.3	96.5	98.7
31	Inseam	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	81.3	80.6	80.0	79.4	78.7	78.1	77.5	76.8	76.2	75.6	74.9	74.3

Grading values (Centimeters)																													
NUMERIC SIZE		22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	40	42	44	46	48	50	52	54	56	58	60
1	Total height	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0
22	Waist	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	0.0	2.5	2.5	3.2	3.2	3.2	3.2	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4	5.4
23	High high hip @2" from waist	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	-2.5	0.0	2.5	2.5	3.2	3.2	3.2	3.2	4.4	4.4	4.4	4.4	5.1	5.1	5.1	5.1	5.1	5.1	5.1
24	High hip @4" from waist	-2.9	-2.9	-2.9	-2.9	-2.9	-2.9	-2.5	-2.5	-2.5	-2.5	0.0	2.5	2.5	2.5	2.5	2.5	2.5	4.1	4.1	4.1	4.1	4.8	4.8	4.8	4.8	4.8	4.8	4.8
25	Low hip @ 8" from waist	-3.2	-3.2	-3.2	-3.2	-3.2	-3.2	-2.5	-2.5	-2.5	-2.5	0.0	2.5	2.5	1.9	1.9	1.9	1.9	3.8	3.8	3.8	3.8	4.1	4.1	4.1	4.1	4.1	4.1	4.1
26	Thigh @ 1" from crotch	-1.6	-1.6	-1.6	-1.6	-1.6	-1.6	-1.6	-1.6	-1.6	-1.6	0.0	1.0	1.0	1.0	1.0	1.3	1.3	1.3	1.3	1.3	1.9	1.6	1.6	1.6	1.6	1.6	1.6	1.6
27	Knee	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	0.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.3	1.3	1.3	1.3	1.3	1.3	1.3	1.3
28	Calf	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	0.0	0.6	0.6	0.6	0.6	0.6	0.6	0.6	0.6	0.6	0.6	1.0	1.0	1.0	1.3	1.3	1.3	1.3
29	Ankle	-0.3	-0.3	-0.3	-0.3	-0.3	-0.3	-0.3	-0.3	-0.3	-0.3	0.0	0.3	0.3	0.3	0.6	0.6	0.6	0.6	0.6	0.6	0.3	0.6	0.6	0.6	0.6	0.6	0.6	0.6
30	Total Rise	-1.0	-1.0	-1.0	-1.0	-1.0	-1.0	-0.6	-0.6	-0.6	-0.6	0.0	0.6	0.6	0.6	0.6	0.6	0.6	1.0	1.0	1.0	1.3	2.2	2.2	2.2	2.2	2.2	2.2	2.2
31	Inseam	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6	-0.6

Measurement specs (Inches)													
ALPHA NUMERIC SIZES		3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Europe (general)		40	42	44	46	48	50-52	54-56	56-58	60-62	64-66	68-70	72-74
US / UK		30	32	34	36	38	40-42	44-46	46-48	50-52	54-56	58-60	62-64
1	Total height	72	72	72	72	72	71 1/2	71	70 1/2	70	70	70	70
2	Neck base	15 1/4	15 1/2	15 3/4	16 1/8	16 1/2	17 3/8	18 1/4	19 1/8	20	20 7/8	21 3/4	22 5/8
3	Across shoulder	15 3/4	16 1/8	16 1/2	17	17 1/2	18 1/8	18 3/4	19 3/8	20	20 3/4	21 1/2	22 1/4
4	Shoulder drop	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 1/4	2 3/8	2 1/2	2 1/2
8	Chest	32 1/2	34	35 1/2	37 1/2	39 1/2	42 1/2	45 1/2	48 1/2	52	56	60	64
13	CF neck to waist	16	16	16	16	16	16	16 1/8	16 1/8	16 1/8	16 5/8	17 1/8	17 5/8
14	CB neck to waist	18 1/2	18 1/2	18 1/2	18 1/2	18 1/2	18 1/2	18 1/2	18 1/2	18 1/2	18 3/4	19	19 1/4
15	Armhole	16 1/2	17	17 1/2	18 1/8	18 3/4	19 1/4	19 3/4	20 3/8	21	21 7/8	22 3/4	23 5/8
16	Arm length from CB	33 1/8	33 1/4	33 3/8	33 5/8	33 7/8	34 1/4	34 5/8	35	35 1/4	35 3/8	35 1/2	35 5/8
17	Arm length from SAP	25	25	25 1/8	25 1/8	25 1/8	25 1/8	25 1/4	25 1/4	25 1/4	25 3/8	25 3/8	25 1/2
18	Bicep	10 3/4	11 3/8	12	12 5/8	13 1/4	14 1/8	15	15 7/8	16 3/4	17 7/8	19	20 1/8
19	Elbow	9 1/8	9 5/8	10 1/8	10 5/8	11 1/8	11 7/8	12 5/8	13 3/8	14 1/4	15	15 3/4	16 1/2
20	Wrist	6 3/4	6 7/8	7	7 1/8	7 1/4	7 1/2	7 3/4	8	8 3/8	8 3/4	9 1/8	9 1/2
22	Waist	26 1/2	27 1/2	28 1/2	30 1/2	32 1/2	36	40	44	48	52 1/2	57	61 1/2
23	High high hip @2" from waist	27 1/4	28 3/8	29 1/2	31 1/2	33 1/2	36 3/4	40 3/4	44 3/4	48 3/4	52 7/8	57	61 1/4
24	High hip @4" from waist	28 5/8	29 7/8	31 1/8	33 1/8	35 1/8	38 1/8	41 1/4	44 3/8	47 5/8	51 3/8	55 1/8	59 1/8
25	Low hip @ 8" from waist	31	32 1/2	34	36	38	40 1/2	43 1/4	46	49	52 1/4	55 1/2	59
26	Thigh @ 1" from crotch	19	19 3/4	20 1/2	21 3/4	23	24 1/8	25 1/4	26 1/2	27 3/4	29	30 1/4	31 1/2
27	Knee	12 1/4	12 3/4	13 1/4	14	14 3/4	15 5/8	16 1/2	17 1/2	18 1/2	19 1/2	20 1/2	21 1/2
28	Calf	13	13 1/2	14	14 3/4	15 1/2	16 1/8	16 3/4	17 3/8	18	18 7/8	19 3/4	20 5/8
29	Ankle	9 1/4	9 3/8	9 1/2	9 3/4	10	10 1/2	11	11 1/2	12	12 1/2	13	13 1/2
30	Total Rise	27 5/8	28 1/8	28 5/8	29 1/8	29 5/8	30 3/8	31 1/8	31 7/8	32 3/4	34 1/2	36 1/4	38
31	Inseam	32	32	32	32	32	31 3/4	31 1/2	31 1/4	31	30 1/2	30	29 1/2

Grading values (Inches)													
ALPHA NUMERIC SIZES		3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
1	Total height	0	0	0	0	0	- 1/2	- 1/2	- 1/2	- 1/2	0	0	0
2	Neck base	- 1/4	- 1/4	- 3/8	- 3/8	0	7/8	7/8	7/8	7/8	7/8	7/8	7/8
3	Across shoulder	- 3/8	- 3/8	- 1/2	- 1/2	0	5/8	5/8	5/8	5/8	3/4	3/4	3/4
4	Shoulder drop	0	0	0	0	0	0	0	0	0	1/8	1/8	0
8	Chest	-1 1/2	-1 1/2	-2	-2	0	3	3	3	3 1/2	4	4	4
13	CF neck to waist	0	0	0	0	0	0	1/8	0	0	1/2	1/2	1/2
14	CB neck to waist	0	0	0	0	0	0	0	0	0	1/4	1/4	1/4
15	Armhole	- 1/2	- 1/2	- 5/8	- 5/8	0	1/2	1/2	5/8	5/8	7/8	7/8	7/8
16	Arm length from CB	- 1/8	- 1/8	- 1/4	- 1/4	0	3/8	3/8	3/8	1/4	1/8	1/8	1/8
17	Arm length from SAP	0	- 1/8	0	0	0	0	1/8	0	0	1/8	0	1/8
18	Bicep	- 5/8	- 5/8	- 5/8	- 5/8	0	7/8	7/8	7/8	7/8	1 1/8	1 1/8	1 1/8
19	Elbow	- 1/2	- 1/2	- 1/2	- 1/2	0	3/4	3/4	3/4	7/8	3/4	3/4	3/4
20	Wrist	- 1/8	- 1/8	- 1/8	- 1/8	0	1/4	1/4	1/4	3/8	3/8	3/8	3/8
22	Waist	-1	-1	-2	-2	0	3 1/2	4	4	4	4 1/2	4 1/2	4 1/2
23	High high hip @2" from waist	-1 1/8	-1 1/8	-2	-2	0	3 1/4	4	4	4	4 1/8	4 1/8	4 1/4
24	High hip @4" from waist	-1 1/4	-1 1/4	-2	-2	0	3	3 1/8	3 1/8	3 1/4	3 3/4	3 3/4	4
25	Low hip @ 8" from waist	-1 1/2	-1 1/2	-2	-2	0	2 1/2	2 3/4	2 3/4	3	3 1/4	3 1/4	3 1/2
26	Thigh @ 1" from crotch	- 3/4	- 3/4	-1 1/4	-1 1/4	0	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4
27	Knee	- 1/2	- 1/2	- 3/4	- 3/4	0	7/8	7/8	1	1	1	1	1
28	Calf	- 1/2	- 1/2	- 3/4	- 3/4	0	5/8	5/8	5/8	5/8	7/8	7/8	7/8
29	Ankle	- 1/8	- 1/8	- 1/4	- 1/4	0	1/2	1/2	1/2	1/2	1/2	1/2	1/2
30	Total Rise	- 1/2	- 1/2	- 1/2	- 1/2	0	3/4	3/4	3/4	7/8	1 3/4	1 3/4	1 3/4
31	Inseam	0	0	0	0	0	- 1/4	- 1/4	- 1/4	- 1/4	- 1/2	- 1/2	- 1/2



BODY MEASUREMENT SPECS
MEN - ALPHANUMERIC SIZES

Measurement specs (Centimeters)													
ALPHA NUMERIC SIZES		3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Europe (general)		40	42	44	46	48	50-52	54-56	56-58	60-62	64-66	68-70	72-74
US / UK		30	32	34	36	38	40-42	44-46	46-48	50-52	54-56	58-60	62-64
1	Total height	182.9	182.9	182.9	182.9	182.9	181.6	180.3	179.1	177.8	177.8	177.8	177.8
2	Neck base	38.7	39.4	40.0	41.0	41.9	44.1	46.4	48.6	50.8	53.0	55.2	57.5
3	Across shoulder	40.0	41.0	41.9	43.2	44.5	46.0	47.6	49.2	50.8	52.7	54.6	56.5
4	Shoulder drop	5.7	5.7	5.7	5.7	5.7	5.7	5.7	5.7	5.7	6.0	6.4	6.4
8	Chest	82.6	86.4	90.2	95.3	100.3	108.0	115.6	123.2	132.1	142.2	152.4	162.6
13	CF neck to waist	40.6	40.6	40.6	40.6	40.6	40.6	41.0	41.0	41.0	42.2	43.5	44.8
14	CB neck to waist	47.0	47.0	47.0	47.0	47.0	47.0	47.0	47.0	47.0	47.6	48.3	48.9
15	Armhole	41.9	43.2	44.5	46.0	47.6	48.9	50.2	51.8	53.3	55.6	57.8	60.0
16	Arm length from CB	84.1	84.5	84.8	85.4	86.0	87.0	87.9	88.9	89.5	89.9	90.2	90.5
17	Arm length from SAP	63.5	63.5	63.8	63.8	63.8	63.8	64.1	64.1	64.1	64.5	64.5	64.8
18	Bicep	27.3	28.9	30.5	32.1	33.7	35.9	38.1	40.3	42.5	45.4	48.3	51.1
19	Elbow	23.2	24.4	25.7	27.0	28.3	30.2	32.1	34.0	36.2	38.1	40.0	41.9
20	Wrist	17.1	17.5	17.8	18.1	18.4	19.1	19.7	20.3	21.3	22.2	23.2	24.1
22	Waist	67.3	69.9	72.4	77.5	82.6	91.4	101.6	111.8	121.9	133.4	144.8	156.2
23	High high hip @2" from waist	69.2	72.1	74.9	80.0	85.1	93.3	103.5	113.7	123.8	134.3	144.8	155.6
24	High hip @4" from waist	72.7	75.9	79.1	84.1	89.2	96.8	104.8	112.7	121.0	130.5	140.0	150.2
25	Low hip @ 8" from waist	78.7	82.6	86.4	91.4	96.5	102.9	109.9	116.8	124.5	132.7	141.0	149.9
26	Thigh @ 1" from crotch	48.3	50.2	52.1	55.2	58.4	61.3	64.1	67.3	70.5	73.7	76.8	80.0
27	Knee	31.1	32.4	33.7	35.6	37.5	39.7	41.9	44.5	47.0	49.5	52.1	54.6
28	Calf	33.0	34.3	35.6	37.5	39.4	41.0	42.5	44.1	45.7	47.9	50.2	52.4
29	Ankle	23.5	23.8	24.1	24.8	25.4	26.7	27.9	29.2	30.5	31.8	33.0	34.3
30	Total Rise	70.2	71.4	72.7	74.0	75.2	77.2	79.1	81.0	83.2	87.6	92.1	96.5
31	Inseam	81.3	81.3	81.3	81.3	81.3	80.6	80.0	79.4	78.7	77.5	76.2	74.9

Grading values (Centimeters)													
ALPHA NUMERIC SIZES		3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
1	Total height	0.0	0.0	0.0	0.0	0.0	-1.3	-1.3	-1.3	-1.3	0.0	0.0	0.0
2	Neck base	-0.6	-0.6	-1.0	-1.0	0.0	2.2	2.2	2.2	2.2	2.2	2.2	2.2
3	Across shoulder	-1.0	-1.0	-1.3	-1.3	0.0	1.6	1.6	1.6	1.6	1.9	1.9	1.9
4	Shoulder drop	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.3	0.0
8	Chest	-3.8	-3.8	-5.1	-5.1	0.0	7.6	7.6	7.6	8.9	10.2	10.2	10.2
13	CF neck to waist	0.0	0.0	0.0	0.0	0.0	0.0	0.3	0.0	0.0	1.3	1.3	1.3
14	CB neck to waist	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.6	0.6	0.6
15	Armhole	-1.3	-1.3	-1.6	-1.6	0.0	1.3	1.3	1.6	1.6	2.2	2.2	2.2
16	Arm length from CB	-0.3	-0.3	-0.6	-0.6	0.0	1.0	1.0	1.0	0.6	0.3	0.3	0.3
17	Arm length from SAP	0.0	-0.3	0.0	0.0	0.0	0.0	0.3	0.0	0.0	0.3	0.0	0.3
18	Bicep	-1.6	-1.6	-1.6	-1.6	0.0	2.2	2.2	2.2	2.2	2.9	2.9	2.9
19	Elbow	-1.3	-1.3	-1.3	-1.3	0.0	1.9	1.9	1.9	2.2	1.9	1.9	1.9
20	Wrist	-0.3	-0.3	-0.3	-0.3	0.0	0.6	0.6	0.6	1.0	1.0	1.0	1.0
22	Waist	-2.5	-2.5	-5.1	-5.1	0.0	8.9	10.2	10.2	10.2	11.4	11.4	11.4
23	High high hip @2" from waist	-2.9	-2.9	-5.1	-5.1	0.0	8.3	10.2	10.2	10.2	10.5	10.5	10.8
24	High hip @4" from waist	-3.2	-3.2	-5.1	-5.1	0.0	7.6	7.9	7.9	8.3	9.5	9.5	10.2
25	Low hip @ 8" from waist	-3.8	-3.8	-5.1	-5.1	0.0	6.4	7.0	7.0	7.6	8.3	8.3	8.9
26	Thigh @ 1" from crotch	-1.9	-1.9	-3.2	-3.2	0.0	2.9	2.9	3.2	3.2	3.2	3.2	3.2
27	Knee	-1.3	-1.3	-1.9	-1.9	0.0	2.2	2.2	2.5	2.5	2.5	2.5	2.5
28	Calf	-1.3	-1.3	-1.9	-1.9	0.0	1.6	1.6	1.6	1.6	2.2	2.2	2.2
29	Ankle	-0.3	-0.3	-0.6	-0.6	0.0	1.3	1.3	1.3	1.3	1.3	1.3	1.3
30	Total Rise	-1.3	-1.3	-1.3	-1.3	0.0	1.9	1.9	1.9	2.2	4.4	4.4	4.4
31	Inseam	0.0	0.0	0.0	0.0	0.0	-0.6	-0.6	-0.6	-0.6	-1.3	-1.3	-1.3

EN	ES	NL	FR	IT
MEN'S TOPS	PARTES DE ARRIBA PARA HOMBRE	TOPS VOOR HEREN	HAUTS HOMMES	MAGLIE DA UOMO
WOMEN'S TOPS	PARTES DE ARRIBA PARA MUJER	TOPS VOOR DAMES	HAUTS FEMMES	TOP DA DONNA
MEN'S TOPS MEASURING TIPS	CÓMO TOMAR LAS MEDIDAS DE PARTES DE ARRIBA PARA HOMBRE	MEETTIPS VOOR TOPS VOOR HEREN	CONSEILS DE MESURE DES HAUTS HOMMES	GUIDA ALLE TAGLIE PER LE MAGLIE DA UOMO
WOMEN'S TOPS MEASURING TIPS	CÓMO TOMAR LAS MEDIDAS DE PARTES DE ARRIBA PARA MUJER	MEETTIPS VOOR TOPS VOOR DAMES	CONSEILS DE MESURE DES HAUTS FEMMES	GUIDA ALLE TAGLIE PER I TOP DA DONNA
All measurements should be taken directly on the body. If your measurements suggest different sizes, your hip measurement is leading. If your measurement is in between two sizes, order the smallest size for a tighter fit or the bigger size for a looser	Las medidas deben tomarse directamente sobre el cuerpo. Si las distintas medidas que obtienes corresponden a diferentes tallas, rígete por la de la cadera. Si tu medida se encuentra entre dos tallas, pide la pequeña para que te quede más ajustada o la grande si quieres una prenda más holgada.	Alle metingen moeten rechtstreeks op het lichaam worden uitgevoerd. Als je metingen verschillende maten suggereren, volg dan je heupomvang. Zit je maat tussen twee maten in? Bestel dan de kleinste maat voor een strakkere pasvorm of de grotere maat voor een lossere pasvorm.	Toutes les mesures doivent être prises directement sur le corps. Si vos mesures indiquent des tailles différentes, la mesure de votre hanche est la plus importante. Si votre mesure se situe entre deux tailles, commandez la taille la plus petite pour un ajustement plus serré ou la taille la plus grande pour un ajustement plus souple.	Tutte le misurazioni devono essere effettuate direttamente sul corpo. Se le misure suggerite sono di dimensioni diverse, fa riferimento la misura dell'anca. Se la misura è compresa tra due misure, ordinare la misura più piccola per una vestibilità più stretta o la misura più grande per una vestibilità comoda.
NECK	CUELLO	NEK	COU	COLLO
Measure with the tape placed around the base of the neck.	Toma la medida colocando la cinta alrededor de la base del cuello.	Meet de omtrek door het lint rond de basis van je hals te plaatsen.	Mesurez avec le ruban adhésif placé autour de la base du cou.	Misurare con il nastro posizionato intorno alla base del collo.
ACROSS SHOULDER	DE HOMBRO A HOMBRO	VAN SCHOUDEUR TOT SCHOUDEUR	AU TRAVERS DES ÉPAULES	SPALLE
Measure horizontally on the back from one shoulder bone to the other shoulder bone.	Toma la medida en horizontal y por la espalda, desde un omóplato hasta el otro.	Meet horizontaal op de rug van het ene schouderbot tot het andere schouderbot.	Mesurez horizontalement dans le dos, de l'os d'une épaule à l'os de l'autre épaule.	Misurare orizzontalmente la schiena, da una spalla all'altra, all'altezza delle spalle.
ARM LENGTH	ALTURA DEL BRAZO	ARMLENGTE	LONGUEUR DE BRAS	LUNGHEZZA BRACCIO
With arm straight next the body, measure from the shoulder bone straight to the	Extiende el brazo a lo largo del cuerpo y toma la medida desde el omóplato hasta el hueso de la muñeca.	Meet - met de arm recht naast het lichaam - vanaf het schouderbeen recht tot het polsbeen.	Avec le bras droit à côté du corps, mesurez depuis l'os de l'épaule jusqu'à l'os du poignet.	Con il braccio dritto accanto al corpo, misurare la distanza tra la spalla e il polso.
CHEST	PECHO	BORST	POITRINE	PETTO
Measure the total circumference with the tape placed horizontally around	Mide la circunferencia colocando la cinta horizontalmente alrededor de la parte más ancha del pecho.	Meet de totale omtrek met het meetlint horizontaal rond het grootste deel van de borst.	Mesurer la circonférence totale avec le ruban adhésif placé horizontalement autour de la	Misurare la circunferenza totale del petto con il nastro posizionato orizzontalmente intorno alla parte più grande del torace.
NATURAL WAIST	CINTURA NATURAL	NATUURLIJKE TAILLE	TAILLE NATURELLE	VITA
Measure the total circumference with the measurement tape placed horizontally on the smallest part of the waist.	Mide la circunferencia colocando la cinta métrica horizontalmente alrededor de la parte más estrecha de la cintura.	Meet de totale omtrek met het meetlint horizontaal op het smalste deel van de taille.	Mesurer la circonférence totale avec le ruban de mesure placé horizontalement sur la plus petite partie de la taille.	Misurare la circunferenza totale della vita con il nastro posizionato orizzontalmente sulla parte più stretta.
SEAT	FONDILLOS	Heupen	ASSISE	FIANCHI
Measure the total circumference at the fullest part of the part of buttocks with the tape placed	Mide la circunferencia por la parte más abultada de las nalgas colocando la cinta horizontalmente.	Meet de totale omtrek op het breedste deel van de billen met het meetlint horizontaal geplaatst.	Mesurez la circonférence totale au niveau de la partie la plus complète des fesses avec le ruban placé horizontalement.	Misurare la circunferenza totale dei fianchi con il nastro posizionato orizzontalmente nella parte più ampia del fondoschiena.